



Virtual Youth Centre

Re-Engagement Back to Mainstream school

Version 2

Designed by Colin M Cosgrove

The project is designed to offer young people support and positive encouragement designed to either keep them in mainstream or to re-engage them back into mainstream school.

Young people can be referred to the project from either a PRU or directly from school.

The programme also aims to target young people excluded or currently attending a PRU.

Phase 1:	Young person to attend support sessions
Phase 2:	Identify Lessons young person can attend with support.
Phase 3:	Young person to further develop and attend lessons with minimal support
Phase 4:	Planned Exit Strategy developed

The programme is run by youth workers working in partnership with school staff with the sessions ideally taking place within the school premises although some activities will be off site.

Programme Aims

Primary Aims	Secondary Aims
<ul style="list-style-type: none">• Re-engage back into mainstream school• To build on confidence and self esteem• Encourage and support to build and further develop positive relationships with school.• To develop skills and coping strategies for controlling there behaviour.	<ul style="list-style-type: none">• To continue working on Functional skills.• Issue based Units• Encouragement to move onto training and further education• To develop an exit strategy for moving forward.

The Target group for the project is young people who are finding it difficult to cope in mainstream school or young people identified by the school as beginning to struggle.

Young people targeted for the programme will be either: -

- At risk of permanent exclusion
- Excluded or currently attending a PRU
- Persistent truanting from school

Young people could also have issues around one or more of the following: -

- Challenging Behaviour
- Learning Difficulties
- High Risk of offending
- Anti Social Behaviour
- History of carrying or possessing drugs or weapons

The programme works with young people into create a positive relationship with school and peers by working with them throw a wide range of difficulties from: -

- ADHA
- Attachment Disorder
- Hyperactive
- Dyslexia and Dyspraxia
- Conditional Disorder
- Oppositional Disorder
- Broadline Disorders

A key part of the programme is for the young person to identify and develop coping strategies designed to allow the young person to cope in a learning environment and reduce the stresses to young person, other learners and school.

Project Methodology	Training methods
To work with a small group of young people Work on key skills and functional skills Work on specific issue based subjects Personal and social skills	Workshops Practical Sessions Role-play Games Group participation and discussions Problem solving

Phase plan

Phase 1 - Establish relationship with young person and gain trust

Phase 2 - Regain relationships between school and young person

Phase 3 - Work with school and young person to develop working relationship and start exit plan

Phase 4 - Exit from Young person

Phase 1 - Establish relationship with young person and gain trust

- Young person to attend weekly sessions on programme
- Young person to work through key skills and Functional skills
- Take part in targeted issue based sessions
- Build and develop a portfolio

Phase 2 - Regain relationships between school and young person

- Young person to continue with programme.
- Young person to start to attend mainstream lessons with direct support.
- Begin to link in with the school support services
- School to take the lead

Phase 3 - Work with school and young person to develop working relationship and start exit plan

- Young person to move on and engage in main school timetable.
- School to take the lead with the school support services

Phase 4 - Exit from Young person

- School to take the lead with the school support services.
- Workers to develop an exit plan
- Workers to Exit

Session Times & Costings

1 Full day or 2½ days per week for 12 months

The young people will also need some additional days for Educational Visits Resource.

No of Week	38
No of Young People	8
Cost Per Young Person	£25.00

The Total Cost of the programme for 8 young people is £7,600 per year

Contact Details

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The End