

Youth Activities



Outdoor Adventure Club

Motivating Young People and raising achievements using outdoor adventure.



We run Adventure Club sessions on a weekly evening but may also extend to weekends throughout the school holidays.

Land Activities

Bushcraft

Learn how to build a shelter, make a den or make a fire. Cooking on an open fire can be very satisfying depending on the end product. We may not be Ray Mears or Bear Grylls but we can certainly give you the basic skills and ideas for surviving in the outdoors.



Map and Navigational Activities

Orienteering

Forget your Sat Navs; this activity teaches the skills of map reading and navigation. Ideal for developing independence, self-reliance or just learning the skills required to find the way around a new place to smooth the transition to secondary school. These skills are learnt for life. We can bring this activity to your venue.



Problem Solving (previously known as team building)



Our activities will challenge you and your group with scenarios and obstacles designed to test your problem solving ability and also your teamwork. Feedback is given after each activity, and we hope that progress can be seen and problems are solved. The challenges for your group to try, so of which can be tailored to the outcomes you require.

Expedition Activities



Stove safety and use

To be able to use their chosen stove safely and competently.



The Country code

To understand the principles of the country code and to know what is expected on expedition.



Menu planning

To enable students to be able to plan a good expedition menu.



Camp craft

Selecting and Setting up a campsite using tents safely and conduct.

Outdoor First Aid and Emergency Activities



Basic Outdoor First Aid

Do you want to learn How to provide First Aid treatment for the outdoors.



Emergency procedures

To develop an understanding of what to do and why in case of an emergency situation arising.

Understanding of hazards and safety

Hazards and Emergency Procedures
Relocation when Lost, Emergency Procedures, Waiting for Help



Biking and Cycling Activities



Cycling and the Highway Code



Bike Repair & Maintenance

The Adventure Challenge

- For the group to walk/cycle along a planned route (8km – 5miles) solo and look after themselves and other group members.
- Know and follow the Country code and the importance of looking after the environment.

The Role of workers on this challenge is to keep you safe and offer support but will not Lead the challenge.

Holiday Activity Days

We also look at planning holiday activity programmes you young people to do over the school holiday periods from:



Bush Craft
Walks and trails
Public Transport
Visiting places
And much more

